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ABSTRACT

This module covers in nine lessons the anatomy and physiology of the male and female reproductive systems, the birth process, healthy pregnancy, birthing choices, and contraceptive methods. The book provides detailed teacher information sheets, reproducible diagrams and a step-by-step approach to teaching about these topics with candor and ease. The book: (1) provides accurate information on male and female anatomy and reproductive physiology; (2) discusses ways to confirm pregnancy; (3) presents facts on teenage pregnancy; (4) outlines the stages of pregnancy; (5) examines the influences on a healthy pregnancy; (6) covers birth attendance and birthing environment options; and (7) explains how available contraceptive methods work and presents the advantages and disadvantages of each method. (JD)

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